

Zoomberry Smoothie



Make this Wishling version of a Starland favorite!

I love going to Wishworld and trying out all the foods that Wishlings eat. I get to experiment with so many new ingredients! Although there are no Zoomberries on Wishworld, there are lots of berries to choose from that are just as delicious. Here's a **WISHWORLD VERSION** of one of my favorite recipes. Enjoy!

Time for some cosmic cooking!

INGREDIENTS

- ½ cup fresh or frozen blueberries
- ½ cup fresh or frozen raspberries
- 1 ripe banana
- 1 cup skim milk
- 2 tablespoons oats
- ½ cup orange or apple juice
- 1 cup ice

INSTRUCTIONS

Put all of the ingredients into a blender, and mix them up until it looks super-smooth. Pour it in a few glasses and share with your friends!

special tips

Craving a fruity **POPSICLE**? You can use the same recipe to make this frozen snack. Just pour your smoothie into a popsicle mold and freeze for about 5 hours.

Visit a farmer's market for the freshest local fruits and veggies.

