CAPTAIN MARVEL

ACTIVITY PACKET
Created in Partnership with Disney's Animals, Science and Environment
Set in the 1990s, Marvel Studios’ “Captain Marvel” is an all-new adventure from a previously unseen period in the history of the Marvel Cinematic Universe that follows the journey of Carol Danvers as she becomes one of the universe’s most powerful heroes. While a galactic war between two alien races reaches Earth, Danvers finds herself and a small cadre of allies at the center of the maelstrom.

The film stars Brie Larson, Samuel L. Jackson, Ben Mendelsohn, Djimon Hounsou, Lee Pace, Lashana Lynch, Gemma Chan, Rune Temte, Algenis Perez Soto, Mckenna Grace, with Annette Bening, with Clark Gregg, and Jude Law.

Marvel Studios’ “Captain Marvel” is produced by Kevin Feige and directed by Anna Boden and Ryan Fleck. Louis D’Esposito, Victoria Alonso, Jonathan Schwartz, Patricia Whitcher and Stan Lee are the executive producers. The story is by Nicole Perlman & Meg LeFauve and Anna Boden & Ryan Fleck & Geneva Robertson-Dworet, and the screenplay is by Anna Boden & Ryan Fleck & Geneva Robertson-Dworet. “Captain Marvel” opens on March 8, 2019 in U.S. theaters.
CAPTAIN MARVEL / CAROL DANVERS
Carol Danvers becomes one of the universe’s most powerful heroes when Earth is caught in the middle of a galactic war between alien races.

NICK FURY
In the years following the Cold War, Nick Fury wrestles with his sense of purpose within S.H.I.E.L.D. When Nick crosses paths with Captain Marvel, they become Earth’s only hope of stopping a Skrull invasion.

TALOS
Talos, perhaps the most cunning spy in all of the Skrull Empire, is a master of shapeshifting and intergalactic espionage. An integral leader to the Skrull’s offensive efforts in the bitter Kree-Skrull War, the fearsome Talos will do whatever it takes to protect his own.

GOOSE
Goose, a super-affectionate tabby, is the friendliest and most adventurous cat around.

These are just some of the unique qualities a select group of Kree warriors possess, making Starforce one of the most elite teams in the galaxy. Each individual has a different set of abilities, and when combined, they work together for the success of the mission. Carol Danvers is one of the select few that comprise this elite group, possessing not only binary power, but also unmeasurable traits such as determination and compassion.

You may not belong to an elite special team like Starforce, but through hard work and dedication, you can become a hero for your community and planet. Begin your journey by soaring to the skies with Carol Danvers to unlock your own heroic potential. Throughout this packet, you’ll design a symbol that represents who you are, train your mind and body for strength and discover your own unique traits to fly higher, further, faster. All of these and more lie in the pages ahead. And don’t miss Marvel Studios’ “Captain Marvel” in theaters March 8.

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Acknowledgments
Disney’s Animals, Science and Environment would like to take this opportunity to thank the amazing teams that came together to develop the Marvel Studios’ “Captain Marvel” Activity Packet. It was created with great care, collaboration and the talent and hard work of many incredible individuals. A special thank you to Dr. Mark Penning for his ongoing support in developing engaging educational content that connects families with nature. These materials would not have happened without the diligence and dedication of Kyle Huetter who worked side by side with the filmmakers to help create these compelling activities and authored the unique writing found throughout each page. A big thank you to Michelle Mayhall and Elyssa Finkelstein whose creative thinking and artistry turned these games and activities into a world of outdoor exploration for the Super Hero in all of us. Special thanks to directors Anna Boden and Ryan Fleck and producer Nancy Lang for creating such an amazing story that inspired the activities found within this packet. Lastly, thank you Theresa Cross, Lindsay Draper and Mark Dunsmore at The Walt Disney Studios, as well as Sarah Beers, Adam Davis and Cameron Kennedy at Marvel Studios for their help and unwavering support of this project.

Allyson Atkins
Education Line of Business Manager
Disney’s Animals, Science and Environment
An eight-pointed star streaks across the center of Captain Marvel's uniform in brilliant gold and red. Although the image originated as part of her Kree Starforce uniform, the star has become a visual symbol of everything Carol Danvers stands for—duty, honor, leadership. This heroic emblem recalls Carol's history as a United States Air Force pilot, an individual reaching towards the stars across the galaxy.

Think of other symbols you have seen in your everyday life. They may be in the form of shapes, colors or even letters. Some are so well known they are understood across countries, cultures and languages; for example, a red octagon for stop or a heart to signify love and affection. Some symbols are used to inspire, like the green arrows of the recycling symbol or an animal that represents the wildlife humans are striving to protect. No matter the meaning, symbols evoke understanding when words cannot, and can be utilized to showcase the beliefs we as individuals hold most valuable.

Have you ever thought of a symbol that would represent you and your own values? Head to the next page where you can practice drawing Captain Marvel's iconic symbol and then create a heroic emblem of your own.
Unlike most Super Heroes, Captain Marvel had plenty of experience in the air before ever gaining her powers. Back on Earth, Carol Danvers was one of the first female pilots in the Air Force, participating in flight tests with her best friend Maria Rambeau. Together they rose through the ranks and joined Project Pegasus to push the limits of aviation and flight.

As a world-class aviator, Carol Danvers must have a steady hand to pilot all manner of aircraft. Whether she's flying an intergalactic Kree ship as part of Starforce or handling the controls back on Earth in an Air Force fighter jet, Carol must always be alert and watchful of her flight instruments. One of the most important of these instruments is the attitude indicator. This tool informs the pilot of their aircraft’s position compared to the Earth’s horizon.

By reading the attitude indicator, the pilot can steer the control wheel in the proper direction to reach level flight.

Do you have a steady hand to pilot a high-speed jet? Head to the next page to find out!

<table>
<thead>
<tr>
<th>Flight Simulation</th>
<th>Example</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Backward center (BC)</td>
</tr>
<tr>
<td>2</td>
<td>Center right (CR)</td>
</tr>
<tr>
<td>3</td>
<td>Forward center (FC)</td>
</tr>
<tr>
<td>4</td>
<td>Forward left (FL)</td>
</tr>
<tr>
<td>5</td>
<td>Backward left (BL)</td>
</tr>
<tr>
<td>6</td>
<td>Forward right (FR)</td>
</tr>
</tbody>
</table>

Answer Key: 1. BC, 2. CR, 3. FC, 4. FL, 5. BL, 6. FR

For each flight simulation below, shade in the box that indicates where you need to move the control wheel to reach level flight. At level flight, the red dot is on the horizon line and the control arms are parallel to the horizon, similar to the attitude indicator to the right. Remember, when piloting, moving the control wheel backward raises the plane higher in the air, while moving the control wheel forward steers the plane to the ground.
Captain Marvel has incredible powers such as superhuman strength, endurance and the ability to control energy. However, these special abilities are not the only reason she goes on to become one of the universe’s most powerful heroes. Carol Danvers has pushed herself for her entire life, fighting bullies at school and running exhausting drills at boot camp. She overcame each and every obstacle by remembering one important thing—to always get back up when she failed. With that mindset, along with hard work and intense training, Carol prepared herself to succeed in the most difficult situations.

Becoming your best self requires focus and determination. With the right attitude and commitment, you can build your own strength, both mentally and physically, no matter where you live. There’s no better place to begin than right outside your door. One of the best training grounds for exercise is nature. Spending time outdoors increases your fitness levels, your health and can even calm your mind through meditation.

Head to the next page where you can map out a plan to start your outdoor training today!

Head outside and create a training circuit to begin your journey towards building personal strength. You can lay out items found in nature—such as pine cones or rocks—to zig-zag in between, run a lap around trees on your block or do a set of push-ups on a log. Be creative when setting up your training, but most important, keep a positive mindset! Use the example map below and exercises above to practice your training circuit, or use the blank area to create a brand new routine in a nature space near you.
Working for S.H.I.E.L.D., Nick Fury must use his intelligence and the latest technology to combat dangerous threats facing our world. During the era in which Fury helped Captain Marvel protect the Earth from a Skrull invasion, high-tech gadgets like his two-way pager were the peak of innovation, but left a lot to be desired. Technology in the 1990s moved slower than today’s modern inventions. Using these devices required plenty of patience, especially if you were trying to send an important message on a cell phone.

T9 text was a type of communication that required such patience. A user attempting to text a friend had to input a number up to three or four times before getting the right letter needed in a word. For example, to spell the word “the,” a message writer had to press the number 8 once for “t,” the number 4 twice for “h,” and press 3 twice for “e.” 8, 4-4, 3-3.

Do you have the patience to live in the 90s? Head to the flip-phone on the next page to find out.

Decoded Message: Higher, Further, Faster
Starforce. An elite special forces team made up of the very best Kree warriors. Each member, including Carol Danvers, brings with them a unique set of skills to help the team successfully meet their challenging missions. The leader of Starforce serves as mentor to Carol, the newest member. Korath, second in command, brings discipline. Att-Lass mentor to Carol, the newest member. Korath, second in command, brings discipline. Att-Lass mentor to Carol, the newest member.

Just like the members of Starforce, our own differences, when combined together, can make a lasting impact. Your uniqueness and individual strengths are what your community and the world need today. You already possess incredible traits, so identify what makes you a hero and embrace it. Once you do, step out into the world and make a positive impact. Are you successful at inspiring your friends to help your community and the world!?
#CaptainMarvel

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