

ZOOTOPIA CHOCOLATE STRAWBERRY POPS

Servings: 8

Ingredients:

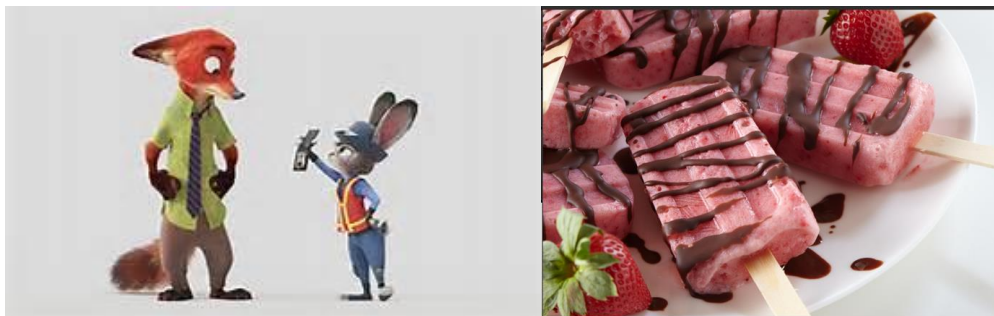
- 2 ½ cups very ripe strawberries, hulled and sliced
- 2/3 cup low-fat milk
- ¼ cup semi-sweet chocolate chips
- 2 tablespoons vegetable oil

Directions:

- Place strawberries and milk in a blender; process until smooth and pour into ice pop molds. Insert the sticks into the strawberry mixture and freeze for at least four hours.
- To make the chocolate drizzle, place chocolate chips and oil in a double-broiler and melt over medium-heat, stirring constantly until smooth. (Or, heat in microwave for 30 seconds at a time until the sauce is smooth and runny).
- When ready to serve, run warm water over the outside of the molds for about 10 seconds to remove the popsicles.
- Remove the chocolate from the heat and quickly drizzle over popsicles. Be sure to work fast because the chocolate will start to cool and harden.
- Place ice pops back in the freezer and set for about 10 minutes before serving. Ice pops can be stored in freezer up to 1 week.

ALWAYS wash fruits and veggies when preparing for cooking or eating.

When cooking, cutting, dicing, peeling and slicing - ALWAYS get your parents' help or permission.



The Mickey Check helps kids and families identify foods and beverages that meet The Walt Disney Company's Nutrition Guidelines in stores, online, in Parks and at branded experiences.