Suggested Ingredients:
- Cranberries
- Almonds
- Apricots
- Mango
- Coconut
- Blueberries
- Yogurt Raisins
- Apples
- Pumpkin Seeds

Instructions:

**STEP 1: PICK YOUR INGREDIENTS**
Collect four of your favorite dried fruit and nuts to include in your trail mix. See suggestions above.

**STEP 2: ADD IT UP**
Pour 4 oz. of each ingredient into a large clean bowl.

**STEP 3: MIX IT UP**
You want each handful of trail mix to include a little of each ingredient so mix your ingredients well.

**STEP 4: SAMPLE AND ADJUST**
Taste your mix and adjust your recipe until it’s just right.

**STEP 5: PACK IT UP TO GO**
Fill a small bag or container with your trail mix and you’re all set to go!