



BE KEEN, SHOP GREEN

**EVER THOUGHT ABOUT THE APPLE YOU JUST ATE?
WHERE DID IT COME FROM AND HOW WAS IT GROWN?**

Small choices you and your family make each day can impact the planet in a big way. From apples to soap, every item we buy has an option to be green. It just depends on how it's made, how it got there, and how it's thrown away (or recycled).



CHALLENGE YOUR FRIENDS AND FAMILY TO HELP YOU PROTECT THE PLANET AND BE KEEN, SHOP GREEN! WHAT DOES IT MEAN TO SHOP GREEN? FOLLOW THESE 4 SIMPLE STEPS TO FIND OUT:

1

GET READY TO SHOP GREEN

MAKE A LIST

What do you need at the store?

EXPLORE GREEN OPTIONS

Talk with family and search for green products online

KNOW WHAT GREEN WORDS MEAN

How does being local, all-natural, organic, free range, reusable and recyclable help the planet?

BAG THE PLASTIC

Remember to bring reusable bags for shopping





2

GO SHOPPING

PONDER THE PACKAGE

Choose items with little or no packaging, or packaging that can be recycled or repurposed

STAY AWAY FROM THE "CIDES"

Avoid any bug spray or fertilizer that has "-cide" on the label, it contains poisons that could harm animals

BUY LAUNDRY "SOAP" INSTEAD OF "DETERGENT"

Avoid using chemicals when possible

CLEAN NATURALLY

Buy baking soda and vinegar for cleaning instead of toxic cleaners

GO LOCAL

Buying things grown locally means less pollution to get them to you and more support for farmers in your community



3

KEEP THE GREEN GOING

PLAN A "GREEN" PARTY

Plan a party or picnic with reusable silverware, plates and napkins, and invite friends to bring a green food to share

REUSE EVERYDAY

Always pack lunches and drinks in reusable containers

TAKE NOTE

Place sticky notes on things that can be replaced by something green (recycle the notes when the item is replaced)



4

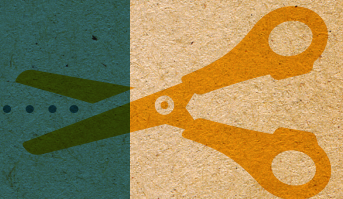
TEST YOUR GREEN SMARTS: PLAY BE KEEN, SHOP GREEN!

Supplies Needed

- Scissors
- 2 to 4 players plus a game official (ask another friend, a parent, or an adult to help)

Instructions

1. Have the game official cut out each item in the "CHOICES" column and hold onto the remaining columns to use as an answer key
2. Place the "CHOICES" cut-outs facedown in a pile on the table
3. One player selects a choice cut-out
4. One player reads the choices aloud
5. The first player to pick the greener choice and a reason why earns a point
6. If nobody picks the best choice or gives a reason, the choice goes back into the pile
7. The person with the most points wins





BE KEEN, SHOP GREEN



CHOICES

CHOICE #1

Single use packaged lunch (i.e. turkey, crackers, dip) **OR** reusable lunch bag

CHOICE #2

Standard large eggs **OR** free range organic eggs

CHOICE #3

Standard 100 watt light bulbs **OR** energy efficient light bulbs

CHOICE #4

Disposable batteries **OR** re-chargeable batteries

CHOICE #5

Regular chocolate candy **OR** Fair Trade Organic Chocolate

BETTER CHOICE

BETTER CHOICE #1

Reusable lunch bag



BETTER CHOICE #2

Free range organic eggs

BETTER CHOICE #3

Energy efficient light bulbs

BETTER CHOICE #4

Re-chargeable batteries

BETTER CHOICE #5

Fair Trade Organic Chocolate

WHY?

- Less waste to landfill
- Saves \$

- Better care for animals
- Healthier for people

- Longer lasting
- Uses less energy

- Less waste to landfill
- Less toxins to harm environment

- Healthier food choice
- Helps farmers



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